**World Journal of Environmental Biosciences** All Rights Reserved WJES © 2014 Available Online at: **www.environmentaljournals.org** 

Volume 12, Issue 2: 7-12

https://doi.org/10.51847/gt5Yzq6caM



# Efficacy of Oleoresin obtained from Bore-Hole Method in Chir-Pine for Potential Antimicrobial Activity

# Dharm Singh Meena<sup>1</sup>, Akash<sup>2\*</sup>, Kamal Bijalwan<sup>3</sup>, B.S. Bhandari<sup>4</sup>, Pooja Sharma<sup>5</sup>

<sup>1</sup> Department of Forest, Bhagirathi Circle, MuniKiReti, TehriGarhwal, Uttarakhand, India. <sup>2</sup>Department of Botany, Dhanauri, P.G. College, Haridwar, Uttarakhand, India. <sup>3</sup>Department of Zoology, SGRR University, Uttarakhand, India. <sup>4</sup>Department of Botany and Microbiology, HNBGU, Uttrakhand India. <sup>5</sup>Department of Botany and Microbiology, GKV Haridwar, Uttarakhand, India.

# ABSTRACT

Plant-based natural products serve as a source of medicine for curing many diseases and ailments since the existence of life. As per the recent investigation, approximately 25000 products from plants have been obtained which are being used in various diseases. Plants are recently being used in different biological activities due to their efficacy to treat serious diseases. So the study present has been planned to elucidate the chemical profiling and antimicrobial activity of Oleoresin from Chir-pine from Narendranagar forest division under Garhwal Himalaya. Oleoresin obtained from Chir-pine has been tested against Escherichia coli, Listea monocytegenes, and Staphylococcus aureus at three different concentrations Viz. 50 mg/ml, 100 mg/ml and 200 mg/ml. It was recorded that Oleoresin statie against the Escherichia coli, Staphylococcus aureus, We have tested all the Oleoresin estract in 50 mg/ml, 100 mg/ml, and 200 mg/ml of DMSO against the Escherichia coli, Staphylococcus aureus, Listea monocytegenes which showed significant activity. High activity was recorded against Listea monocytegenes with an inhibitory zone of 2.0± 0.34 mm against Staphylococcus aureus whereas minimum activity was recorded against Listea monocytegenes with an inhibitory zone of 1.2±0.30 mm.

Keywords: Oleoresin, Chir-pine, Antimicrobial activity, Bore-hole, Rill method

Corresponding author: Akash e-mail ⊠ akash.saklani777@gmail.com Received: 25 March 2023 Accepted: 10 May 2023

# INTRODUCTION

Indian Himalaya harbors3,500 species of well-known medicinal plant species that are being used for various purposes. It has been reported that aromatic and medicinal plants have huge antimicrobial activity. As per recent data, Indian Himalaya produces 80% of medicinal and aromatic plants in its vicinity. Due to its huge floral wealth, India is an emerging part of the global market for herbal drugs and formulation and also could serve raw materials to the groups which are dealing with new drug development (Parveen, 2013). In the Ayurveda system, medicinal plants root issued to treat rheumatism, asthma, dysentery, skin problems, ringworm as well as epilepsy (Navneet et al., 2020a; Navneet et al., 2020b). Uttarakhand Himalaya includes huge forested areas having large repositories for biodiversity conservation VizRajaji tiger reserve, Corbett tiger reserve, Nanda Devi National Park, and other forest divisions like Narendranagar forest division, Tehri forest division, etc. These protected areas support a large number of medicinal and aromatic plants which acted as sources of natural remedies (Bahshwan & Aljehany, 2020). It is imperative for the future generation to scientifically explore the phyto-diversity, and design the constructive plan and strategies forthe conservation and sustainable utilization of forest flora (Dar *et al.*, 2002; Mir & Shafi, 2017).

Pinus roxburghii Sargent (Pinaceae) commonly known as "Chir Pine" is one of the most important species of the UttarakhandHimalaya which covers an area of 8900 km<sup>2</sup> in India (Sharma, 2002). Chir-pine grows between altitudes of 450-2300 amsl. In India, Chir-pine occupies an area of 412,000 ha in Uttarakhand, 158,813ha in Jammu and Kashmir, and 1,36000 ha in Himachal Pradesh (Anonymous, 1990). Oleoresin mainly consists of terpenoids, gum, rosin, and turpentine oil (Bohlmann & Keeling, 2008). Turpentine can be separated into  $\alpha$  -and  $\beta$ -pinene.  $\alpha$  –pinene is used as an insecticide and for the preparation of synthetic oils, flavors, and as a fragrance ingredient whereas  $\beta$ -pinene is used mainly in the Pharma industry in the manufacturing of various products (Stubbs et al., 1984). In Pinus, resin is produced and complex network radial and axial resin ducts is responsible for its storage and through which it flow (Vázquez-González et al., 2020). Pinenes an important component is also act as a natural antifungal agent for treating various fungal diseases (Chang et al., 2008; Matan et al., 2012). Rosin is used for coating and in the preparation of rubber and adhesives (Stubbs & Smith, 1984; Stubbs et al., 1984; Rodrigues-corrêa et al., 2012, 2013). Therefore, the present study aims to characterize the phytochemical characteristics and antimicrobial efficacy of

World Journal of Environmental is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-ShareAlike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms. (<u>https://creativecommons.org/licenses/by-nc-sa/4.0/</u>).

Oleoresin obtained through the Bore-hole method from Chirpine in Narendranagar forest division under Uttarakhand Himalaya.

## MATERIALS AND METHODS

#### Tested microorganism

In the present study, *Escherichia coli* (MTCC No. 118) *Listea monocyte genes* (MTCC No. 657), *Staphylococcus aureus* (MTCC No. 7433)was used. 50 mg/ml and 100 mg/ml concentration of Oleoresin extract in DMSO were used for testing on a mullarhinton agar plate (MTCC No. 7433).

#### Oleoresin extraction from Chir-pine

In the first phase, Bore-hole was implemented as the trial base in the Narendranagar forest division. *Pinus* forest was divided into different diameter ranges of 20-30, 30-40, 40-50, 50-60, 60-70, and 70-80 cm. Hand-driven drill bits of 1.00 inch, and 1.25 inch were made for drilling bore-hole. The chemical stimulant was sprayed and small pipes were fixed tightly in the holes which are attached tothe plastic bags on which the Oleoresin collected.

#### Antimicrobial activity

The antibacterial activity test was carried out using the disk diffusion method (Kaul, 1997).

#### Phytochemical analysis of Oleoresin

Gas chromatography is used to determine all the quality parameters of Oleoresin obtained from *Pinus*. In Gas chromatography, Agilent gas chromatography is mainly used and all the parameter changes should be completed through 'Star' software via computer. All the content of  $\alpha$  –Pinene and  $\beta$ –Pinene Careen was recorded. For the determination of turpentine sample 0.2µl in a syringe and inject in G.L.C, after 10 min the % of  $\alpha$ –Pinene and  $\beta$ –Pinene and carene was recorded. Analysis of variance (ANOVA) and Pearson correlation was done for statistical analysis by using the SPSS Version 20 (Statistical Package for Social Science).

#### **RESULTS AND DISCUSSION**

#### Antimicrobial efficacy

In the present study, the antimicrobial activity of Oleoresin from Chir-pine was tested against *Escherichia coli, Listea monocyte genes, and Staphylococcus aureus* at three different concentrations Viz. 50 mg/ml, 100 mg/ml and 200 mg/ml. It was recorded that Oleoresin was active against all three tested bacterial cultures which showed its huge activity against all the tested pathogens.

The result from the present study indicated that the DMSO extract of Oleoresin showed significant antimicrobial activity against the tested pathogens thus inhibiting the high inhibitory zone of *Escherichia coli, Listea monocytopgenes, Staphylococcus aureus* on the cultural plate. We have tested all the Oleoresin extract in 50 mg/ml, 100 mg/ml, and 200 mg/mlof DMSO against the *Escherichia coli, Staphylococcus aureus, Listea monocytopgenes* which showed significant activity. High activity was recorded in 200 mg/ml concentration with an inhibitory zone of  $2.0 \pm 0.34$  mm against *Staphylococcus aureus* whereas minimum activity was recorded against *Listea* 

*monocytopgenes* with an inhibitory zone of 1.2±0.30 mm.

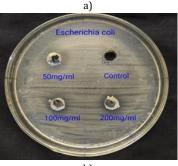
In the present study, the antimicrobial activities in 50mg/ml concentrations of Oleoresin extract were active against different bacteria like *Escherichia coli, Staphylococcus aureus Listea monocytopgenes* with the inhibitory zone 1.6  $\pm$ 0.30 mm, 1.3 $\pm$ 0.34mm, and 1.2 $\pm$ 0.30 mm. On the other hand, 100 mg/ml concentration of Oleoresin was active against all three tested pathogens with the inhibitory zone of 1.8  $\pm$ 0.30 mm, 1.8 $\pm$ 0.35 mm, and 1.6  $\pm$ 0.35 mm. It was further observed that Oleoresin at 200 mg/ml concentration in DMSO extract showed huge antimicrobial activity against *Staphylococcus aureus* with 2.0 $\pm$ 0.34 mm, *Escherichia coli* with 1.9 $\pm$ 0.30 mm and *Listea monocytopgenes* with 1.9 $\pm$ 0.32 mm activities. On the other hand, at all three concentrations, DMSO as negative has been recorded with no activity.

The concentration-dependent activity was recorded in the present study as we tested all the plant extracts at 100 mg/ml and 200 mg/ml. Further, it was also observed from various studies that DMSO extract of resin from different species of Pine showed different activities at different concentrations. At lower concentrations, lesser antimicrobial compounds result in low activity. Although in the present study, we have tested all the plant extracts at 100 mg/ml and 200 mg/ml against the selected pathogens in which the DMSO extract of Oleoresin has shown great antibacterial activity.

**Table 1.** Antimicrobial activity of Oleoresin against the tested pathogens (Zone of inhibition in Cm)

Tested microorganism	50 mg/ml	100 mg/ml	200 mg/ml	Negative control (DMSO)
Escherichia coli	1.6±0.30	1.8±0.30	$1.9 \pm 0.30$	-
Staphylococcus aureus	1.3±0.34	1.8 ±0.35	2.0± 0.34	-
Listeamonocytopgenes	1.2±0.30	1.6±0.35	1.9± 0.32	-





b)

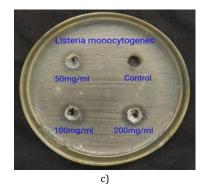


Figure 1. Antimicrobial potential through disc diffusion assay showing the zone induced by Gentamicin (control) (a). *S.aureus* (b). *E.coli*(c). *L.monocytogenes* 

#### Phytochemical screening of Oleoresin

Phytochemical screening of Oleoresin revealed the presence of Carbohydrates, Phenolic compounds, Steroid along with terpenoid whereas other tested phytochemicals likeSaponin glycosides, Flavoniodes, Insulin, and Amino acid was absent. Further, we have also compared the Oleoresin in the Bore-hole method with the traditional method. It was observed that there was significant variation in the Rosin %,  $\alpha$  - Pinene,  $\beta$  - Pinene, Carene, and Turpentine Oil % in all the years both in Rill and Bore-hole methods. On the other hand, the presence of Carbohydrates, Phenolic compounds, and Steroid terpenoid, like Saponin glycosides, Flavoniodes, Insulin, and Amino acidshave been recorded same in the both method.

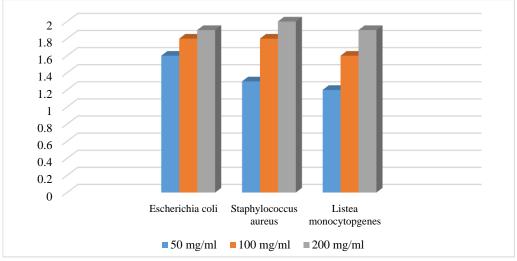


Figure 2. Antimicrobial efficacy of Oleoresin against the tested pathogens

Comparative analysis of Oleoresin obtained in Bore-hole with traditional methods

The quality of the rosin and turpentine and other products is much better than the Oleoresin obtained from the Rill method hence sold at high price. The present study recorded the best quality of Oleoresin in the Bore-hole method as compared to the Rill method. In 1 Kg of Oleoresin, about 70.00 -72.20 % of Rosin was obtained in the Rill method whereas, in the Borehole method, approximately 74.10% of Rosin was obtained which was best among all the three years of the Rill method. On the other hand,  $\alpha$  - Pinene and  $\beta$  – Pinene were simultaneously recorded with 18.55 -19.89 and 3.20 -3.25 in all three years but in Bore-hole  $\alpha$  - Pinene and  $\beta$  – Pinene was 20.80 and 03.40 which was best as compared to the three-year data of Rill method. It was further observed in the present study that the quality of Turpentine Oil and Carene in the Rill method varied from 14.00 -16.20 % and 50.62 - 54.62 in all the studied three years which was less compared to the study Borehole method where the quality of Turpentine Oil was 18.50 % and Carene was 55.02. So there were huge differences recorded in both methods while observing the quality and characteristics of Oleoresin. The borehole method was found to be very effective in terms of quality parameters Viz. Rosin %,  $\alpha$  - Pinene,  $\beta$  -Pinene, 3-Carene and Turpentine Oil. It was also observed that

the extra inappropriate material like impurities (dirt, bark, debris, leaves, etc.) and water content also vary in both the method of resin tapping. About 8 % of water content was recorded in 01 kg of resin in the Rill method whereas only 7 % of water content was recorded in the Bore-hole method. Impurities which mainly includedirt, bark, debris, leaves, etc. constitute 15-20 % of the resin (01 kg) in the Rill method whereas in the Bore-hole method, it constitutes 1-2 % of the total resin tested. So all the parameters were found to be suitable for the use of the Bore-hole method as compared to the traditional Rill method.

**Table 2.** Phytochemical Screening of Oleoresin obtained in the

 Bore-hole method

Test	Inference
Froth formation (Saponin glycosides)	-
Carbohydrates	+
Phenolic compounds	+
Flavonoids	-
Insulin	-
Amino acid	-
Steroid and terpenoid	+

Table 3. Compara	ative analysis of Ol	eoresin quality
------------------	----------------------	-----------------

	•	Bore-hole method (01 Kg Raw Resin)	
2018	2019	2020	2020
70.00	71.1	72.20	74.10
14.00	15.00	16.20	18.50
18.55	19.20	19.89	20.80
03.20	03.05	03.25	03.40
50.62	52.50	54.62	55.02
	Rav 2018 70.00 14.00 18.55 03.20	Raw Resin)           2018         2019           70.00         71.1           14.00         15.00           18.55         19.20           03.20         03.05	2018         2019         2020           70.00         71.1         72.20           14.00         15.00         16.20           18.55         19.20         19.89           03.20         03.05         03.25

(P>0.05)

Table 4. Other inappropriate content in Oleoresin

Parameters	Rill method (01 Kg Raw Resin)	Bore-hole method (01 Kg Raw Resin)	
-		2020	
Water content	8 %	7 %	
Impurities (dirt, bark, debris, leaves, etc.)	15-20 %	1-2 %	

Indian Himalayan regions have great potential formedicinal plant wealth in which states likeUttarakhand, Jammu, and Kashmir, Himachal Pradesh is known as a center of folk medicine which has old evidence (Pandith et al., 2018). The plant provides various medicinal and non-timber forest products which are the main source of livelihood and sustainability in these hilly states. A recent study has explored various species of plants Himalayas for their effective efficacy against various diseases and remedial ability. As the Himalayas is fully occupied with medicinal and aromatic flora species like Chir-pine are a huge source of Oleoresin and wood for household activities in Uttarakhand Himalaya. In the present study, we have tested the antimicrobial efficacy and phytochemical screening of Oleoresin obtained from the Borehole method in Narendranagar forest division which is an essential part of Garhwal Himalaya. The antimicrobial efficacy was tested against three important pathogens like Escherichia coli, Listea monocytopgenes, and Staphylococcus aureus. High antimicrobial activity was recorded in 200 mg/ml concentration with an inhibitory zone of 2.0± 0.34 mm against Staphylococcus aureus whereas minimum activity was recorded against Listea monocytopgenes with an inhibitory zone of 1.2±0.30 mm.

Oleoresin for the present study was obtained from the Borehole method in Narendranagar forest division and it was tested for further antimicrobial activities against the three bacterial pathogens. The bore-hole method for Oleoresin extraction and its antimicrobial activity was first demonstrated in the Narendranagar forest division under the supervision of DFO. The present study showed ample evidence from the results obtained and favor the Oleoresin from Bore-hole as an efficient antimicrobial agent.

Plants have been a source of medicine since the existence of life on Earth for the treatment of various human ailments. Due to the presence of various antimicrobial agents on their leaves, stems, and roots, they can be a source of novel drug development. As all plants possess certain antimicrobial activities, so medicinal and aromatic plants serve as herbal

bliss for mankind. These have huge potential in the treatment of diseases due to a large number of antimicrobial agents and secondary metabolites which lead to the discovery of novel drugs and safety for a better life (Sofowora et al., 2013; Kesharwani et al., 2019; Salmerón-Manzano et al., 2020). It was revealed from the study that all the pines are capable of producing good quantity and quality of resin. Further, resin yield varied across the season (Lombardero et al., 2000; Hood & Sala, 2015; Neis et al., 2018; Zas et al., 2020). As per the study of Hood and Sala, 2015; Rodriguez-Garcia et al., 2013, groove-to- groove variation in resin yield is also affected by accumulation of induced response and wounds on the bark. As medicinal plants are providing great efficacy in drug development against various pathogens in different ways, so they become an essential part of human life (Pan et al., 2014). In the present study, the results of the phytochemical extraction of Oleoresin obtained from the Bore-hole method showed the presence of various compounds like tannins, Rosin, Turpentine Oil,  $\alpha$  – Pinene,  $\beta$  – Pinene, Carene which can be used in anti-microbial and anti-hyperglycemic activities as well as antioxidant activity. It was observed in studies that the amount of phytochemical in a particular plant depends upon the polarity of compounds, the extraction method, and in the tested samples as well as the polarity of the solvent.

It was estimated from recent records that about 350,000 plants have huge importance which included gymnosperms including Chir-pine, angiosperms, ferns, and pteridophytes (Pan *et al.*, 2014; Koparde *et al.*, 2019). All of these pants have a large number of secondary metabolites but a maximum of the compounds have great bioactive constituents like phenol, alkaloid, and tannin (Ravi Shankar & Shukla, 2007). In the present study, the presence of Carbohydrates, Phenolic compounds, Steroid terpenoids and Saponin glycosides, Flavoniodes, Insulin, and Amino acid has been recorded same in the both the method.

At present, the use of herbal medicine has increased due to its efficacy and less or no side effects. Secondary metabolites like alkaloids, flavonoids, and phenols have a great role in the living system which also reduces the risk of serious diseases like cancer, diabetes, etc. secondary metabolites have huge potential for the living body (Kumbhar & Godghate, 2015), further, they also prevent from cancer or reduce its risk. At the same time, flavonoids and phenols also show various effects like anti- inflammatory and anticarcinogenic. In the present study, the presence of phenolic compounds, Flavonoids, and Insulin from Oleoresin could be a source of disease curing and as an anti- inflammatory and anticarcinogenic agent but more studies need to be done in favor of the present study. Studies from various workers showed that millions of plants have been explored for potential phytochemical screening and antimicrobial activity which has great potential due to the presence of biological compounds (Mir et al., 2017; Wagey et al., 2018; Koparde et al., 2019). In the present study, we have explored Rosin, Turpentine Oil,  $\alpha$  – Pinene,  $\beta$  – Pinene, and Carene from the Oleoresin from Chir-pine which can be a source of medicine and antimicrobial agents for various diseases.

It is imperative for the new generation to scientifically explore floral diversity, design constructive strategies for sustainable utilization and conservation of forest flora (Mir & Shafi, 2017). It is well known that knowledge of folk traditional medicinal plants as antimicrobial agents can play a significant role in modern medicinal systems for disease curing and drug development. The use of folk medicine use is widespread nowa days across the world as a remedial measure. Plants like Chirpinecan play a very important role in modern medicinal systems due to their novel compounds for potential antibacterial, anti- inflammatory, anticancer, and antifungal activities.

## CONCLUSION

In the present study, we have tested all the Oleoresin extracts at 100 mg/ml and 200 mg/ml. It was the first study in Garhwal Himalaya which has tested the Bore-hole method of Oleoresin extraction along with its antimicrobial activity against bacterial pathogens. Further, it was also observed from the presentstudy that DMSO extract of resin from Pine showed different activities atdifferent concentrations. At lower concentrations, lesser antimicrobial compounds result inlow activity. High activity was recorded in 200 mg/ml concentration with an inhibitory zone of 2.0± 0.34 mm against Staphylococcus aureus whereas minimum activity was recorded against Listeamonocytopgenes with an inhibitory zone of 1.2±0.30 mm. Phytochemical screening of Oleoresin revealed the presence of tannins, saponins, flavonoids, terpenoids, Phenols, and carbohydrates. Although antibacterial activities at some concentration provided lower or no inhibitory zonewhich further need to clarify in different concentration of plant extract.

**ACKNOWLEDGMENTS:** The authors are grateful to the Forest guards and supportive staff of the forest department for their help during the fieldwork.

# **CONFLICT OF INTEREST:** None

FINANCIAL SUPPORT: This work is supported by Narendranagar forest division, Uttarakhand Forest department.

## ETHICS STATEMENT: None

## REFERENCES

- Anonymous (1990). Himachal Pradesh Forest statistics. Department of Forest Farming Conservation, Shimla. 1-229.
- Bahshwan, S. M., & Aljehany, B. M. (2020). A review of the therapeutic and medicinal activities of Costusspeciosus. *Pharmacophore*, 11(3), 124-129.
- Bohlmann, J., & Keeling, C. I. (2008). Terpenoid biomaterials. *The Plant Journal*, *54*(4), 656-669.
- Chang, H. T., Cheng, Y. H., Wu, C. L., Chang, S. T., Chang, T. T., & Su, Y. C. (2008). Antifungal activity of essential oil and its constituents from Calocedrus macrolepis var. formosana Florin leaf against plant pathogenic fungi. *Bioresource Technology*, 99(14), 6266-6270.
- Dar, G. H., Bhagat, R. C., & Khan, M. A. (2002). *Biodiversity of the Kashmir Himalaya*. Valley Book House.

- Hood, S., & Sala, A. (2015). Ponderosa pine resin defenses and growth: metrics matter. *Tree Physiology*, 35(11), 1223-1235.
- Kaul, M. K. (1997). Medicinal plants of Kashmir and Ladakh, temperate and cold-arid Himalaya. New Delhi: Indus Publishing Co; p. 173.
- Kesharwani, R. K., Misra, K., & Singh, D. B. (2019). Perspectives and challenges of tropical medicinal herbs and modern drug discovery in the current scenario. Asian Pacific Journal of Tropical Medicine, 12(1), 1-7.
- Koparde, A. A., Doijad, R. C., & Magdum, C. S. (2019). Natural products in drug discovery. In *Pharmacognosy-medicinal plants*. IntechOpen. doi:10.5772/intechopen.82860
- Kumbhar, R. R., & Godghate, A. G. (2015). Physicochemical and quantitative phytochemical analysis of some medicinal plants in and around Gadhinglaj. *International Journal of Science Environment and Technology*, 4, 172-177.
- Lombardero, M. J., Ayres, M. P., Lorio Jr, P. L., & Ruel, J. J. (2000). Environmental effects on constitutive and inducible resin defences of Pinus taeda. *Ecology Letters*, 3(4), 329-339.
- Matan, N., Matan, N., & Ketsa, S. (2012). Effect of heat curing on antifungal activities of anise oil and garlic oil against Aspergillus niger on rubberwood. *International Biodeterioration & Biodegradation*, 75, 150-157.
- Mir, M. A., & Shafi, A. (2017). RAPD-based Molecular Characterization of Lavatera Cachemiriana Cambess. International Journal of Trend in Scientific Research and Development, 2(1), 377-383.
- Mir, M. A., Shafi, A., & Mani, P. (2017). Chemical Profiling of Lavatera cachemiriana: An Important Ethno-medicinal Herb of Kashmir Himalayas. *International Journal of Creative Research Thoughts*, 5(4), 650-660.
- Navneet, A., & Bhandari, B. S. (2020). Ethnomedicinal plant use and practice in traditional medicine. IGI Global, USA. 1-300. doi:10.4018/978-1-7998-1320-0
- Navneet, A., Bhandari, B. S., Bisht, S. S., & Mansotra, D. K. (2020). Ethnobotany: The Traditional Medical Science for Alleviating Human Ailments and Suffering. *Ethnomedicinal Plant Use and Practice in Traditional Medicine*, 38-57.
- Neis, F. A., de Costa, F., Füller, T. N., de Lima, J. C., da Silva Rodrigues-Corrêa, K. C., Fett, J. P., & Fett-Neto, A. G. (2018). Biomass yield of resin in adult Pinus elliottii Engelm. trees is differentially regulated by environmental factors and biochemical effectors. *Industrial Crops and Products*, 118, 20-25.
- Pan, S. Y., Litscher, G., Gao, S. H., Zhou, S. F., Yu, Z. L., Chen, H. Q., Zhang, S. F., Tang, M. K., Sun, J. N., & Ko, K. M. (2014). Historical perspective of traditional indigenous medical practices: the current renaissance and conservation of herbal resources. *Evidence-Based Complementary and Alternative Medicine*, 2014.
- Pandith, S. A., Dar, R. A., Lattoo, S. K., Shah, M. A., & Reshi, Z. A. (2018). Rheum australe, an endangered high-value medicinal herb of North Western Himalayas: a review of its botany, ethnomedical uses, phytochemistry and pharmacology. *Phytochemistry Reviews*, 17, 573-609.
- Parveen, S. (2013). In vitro studies of some medicinal plants of western Himalayas viz Rheum emodi, Bergenialigulata, Lavatera cashmiriana (Doctoral dissertation, Ph. D. Thesis Submitted to University of Kashmir, Srinagar).

- Ravishankar, B., & Shukla, V. J. (2007). Indian systems of medicine: a brief profile. *African Journal of Traditional*, *Complementary and Alternative Medicines*, 4(3), 319-337.
- Rodrigues-Corrêa, K. C. D. S., & Fett-Neto, A. G. (2013). Seasonality and chemical elicitation of defense oleoresin production in field-grown slash pine under subtropical climate. *Theoretical and Experimental Plant Physiology*, 25, 56-61.
- Rodrigues-Corrêa, K. C. D. S., de Lima, J. C., & Fett-Neto, A. G. (2012). Pine oleoresin: tapping green chemicals, biofuels, food protection, and carbon sequestration from multipurpose trees. *Food and Energy Security*, 1(2), 81-93.
- Salmerón-Manzano, E., Garrido-Cardenas, J. A., & Manzano-Agugliaro, F. (2020). Worldwide research trends on medicinal plants. *International Journal of Environmental Research and Public Health*, 17(10), 3376.
- Sharma, O. P. (2002). Efficient resin tapping and its processing in Himachal Pradesh: An overview. *Indian Forester*, 128(4), 371-378.
- Sofowora, A., Ogunbodede, E., & Onayade, A. (2013). The role and place of medicinal plants in the strategies for disease prevention. *African Journal of Traditional, Complementary and Alternative Medicines, 10*(5), 210-229.

- Stubbs, C. D., & Smith, A. D. (1984). The modification of mammalian membrane polyunsaturated fatty acid composition in relation to membrane fluidity and function. *Biochimica et Biophysica Acta (BBA)-Reviews on Biomembranes*, 779(1), 89-137.
- Stubbs, J., Roberts, D. R., & Outcalt, K. W. (1984). Chemical Stimulation of lightwood in southern pines. Asheville: Forest Service. 51 p. (USDA SE General Technical Report, 25).
- Vázquez-González, C., Zas, R., Erbilgin, N., Ferrenberg, S., Rozas, V., & Sampedro, L. (2020). Resin ducts as resistance traits in conifers: linking dendrochronology and resin-based defences. *Tree Physiology*, 40(10), 1313-1326.
- Wagay, J. I., & Jain, K. (2018). Phytochemical Analysis and Antimicrobial Activity of Iris kashmiriana and Iris ensata Extracts against Selected Microorganisms. *Journal of Drug Delivery and Therapeutics*, 8(6), 28-34.
- Zas, R., Quiroga, R., Touza, R., Vázquez-González, C., Sampedro, L., & Lema, M. (2020). Resin tapping potential of Atlantic maritime pine forests depends on tree age and timing of tapping. *Industrial Crops and Products*, 157, 1129-40.